

Drink it, soak in it — feel the power of natural carbonated hot springs!

Yuya Onsen Shitajima Onsen Accommodation Guide

What is a Natural Carbonated Hot Spring?

Carbonated hot springs, which contain dissolved carbon dioxide, are rare in Japan—only about 0.5% (*) of all hot springs. Hida-Osaka's springs are even more special, with a high carbon dioxide concentration of over 1,000 ppm. Plus, they're safe to drink.

* Source: 2004 Survey on Hot Spring Facilities by the Ministry of the Environment, Japan.

Yuya Onsen

This hot spring area has long been a popular spot for wellness. The water starts clear but gradually turns a reddish-brown over time. It's also rich in carbonation, and drinking it is believed to be good for digestion.

Shitajima Onsen

Shitajima Onsen shares a similar spring quality with Yuya Onsen but is especially known for its healing effects on wounds. In fact, while Yuya Onsen is favored for drinking, Shitajima is the top choice for bathing. Its carbonated waters feel luxuriously smooth, like a beauty serum.

A Fun Tasting Experience!

Don't Miss the Drinking Springs!



Sengakukan

With its smooth texture and carbonation, it pairs perfectly with cocktails and drinks.



Niconicosou

The carbonated spring water, with its distinct flavor, pairs perfectly with dishes, enhancing their taste.



Okudaya

With its smooth taste, it enhances the flavors of dishes like *yudofu and **shabu-shabu.



Senyuukan

You can enjoy the unique aroma of the mineral spring, perfectly balanced with the refreshing fizz of the carbonation.



Yuya Onsen Drinking Spring

As you sip, the unique scent of the hot spring fills your senses, followed by a light, refreshing fizz.



Himeshaga-no-Yu Drinking Spring

A rich, full-bodied flavor. If you want to savor the essence of the hot spring, this is a must-try.

* a delicate hot pot dish made with tofu

** a Japanese hot pot where thinly sliced meat is briefly dipped in boiling broth

Yuya Onsen



Sengakukan

Not only can you enjoy the hot springs, but you can also indulge in original spring water cocktails and dishes made with the natural carbonated water. Soak, sip, and savor—experience the benefits of the carbonated springs inside and out.

+81-576-62-3010



Yuya Onsen



Niconicosou

The serene garden and pressed flower landscape paintings throughout the facility create a calming atmosphere. With dishes made from fresh Gifu ingredients and the healing benefits of the high-concentration carbonated spring water, you're sure to leave feeling relaxed and smiling.

+81-576-62-3022



Yuya Onsen



Okudaya

This historic ryokan is deeply connected to the origins of Yuya Onsen. Guests can enjoy the unique experience of alternating between hot and cold baths. The owner's signature dishes, made with locally sourced ingredients, including hand-made soba, have become a favorite among many.

+81-576-62-3006



Shitajima Onsen



Senyuukan

A tranquil ryokan by a mountain stream, featuring outdoor baths with breathtaking seasonal views and the calming sound of flowing water. The dishes, such as salt-grilled sweetfish and Hida beef steak, are absolutely delicious.

+81-576-62-3005



See, taste, and enjoy to the fullest!

Yuya Onsen

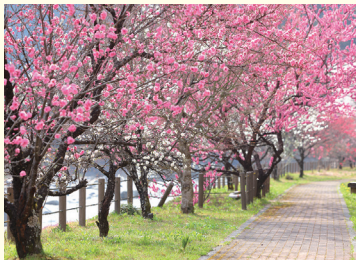
Shitajima Onsen

Top Recommended Sights

1 Roadside Station Minami Hida-Osaka Hanamomo

5 minutes by car from Hida-Osaka Station

A roadside station near the Hida-Osaka waterfalls and Gandate Gorge, making it a great base for exploring the surrounding area. In spring, the Hanamomo (peach blossoms) bloom beautifully along the small river behind the facility.



6 Gandate Gorge Himeshaga-no-Yu

10 minutes by car from Hida-Osaka Station

Relax your body and mind by soaking in the rare, high-concentration carbonated spring at Himeshaga-no-Yu. It's the only day-use hot spring in the area, and its soothing effects are complemented by the unique pellet sauna experience.



2 Fureai no Mori Campsite

10 minutes by car from Hida-Osaka Station

Enjoy a variety of hands-on activities, from fish catching to pizza making and even flowing somen noodles. It's the perfect day trip for the whole family!



4 Oguro River Fishing Spot

15 minutes by car from Hida-Osaka Station

Located along the Oguro River, this family-friendly fishing spot offers trout fishing, fish catching by hand, and fun river activities.



7 Gandate Gorge/Hida-Osaka Waterfalls Tour

15 minutes by car from Hida-Osaka Station

Gandate Gorge, shaped by lava flows from Mount Ontake, features enormous cliffs and is a striking sight to behold. The Hida-Osaka Waterfalls tour offers an easy and enjoyable hike with scenic views from Gandate Park.



3 RIVER HOUSE OSAKA

15 minutes by car from Hida-Osaka Station

Try your hand at stream fishing, pond fishing, or fish catching—all without the need to bring any gear. You can even enjoy your catch right there! It's great for beginners and families too.



5 Lava Flow Lookout

1 hour by car from Hida-Osaka Station

The view from the observation deck along the Ontake Panorama Line (Prefectural Road 441) is stunning. Don't miss the remnants of lava flows from Mount Ontake as well.



8 216 Works Experience Tours

8 minutes by car from Hida-Osaka Station

Guided tours of the Hida-Osaka Waterfalls are available, along with seasonal activities such as shower climbing in the summer and icefall tours in the winter. There's something for everyone to enjoy!

