

# Drive from Hida Takayama **Hida-Osaka!**



## Gifu Prefecture's Heritage for the Future

▶What is heritage for the future...  
The region to become the world's destination of choice for sustainable tourism in Gifu Prefecture.

Hida-Osaka is 35 minutes from Takayama City by car or train!  
Located at the foot of Mt Ontake,  
You can enjoy more than 200 waterfalls and 3 hot springs. ♪  
Would you like to experience nature and stimulate your senses?



If you want to experience real nature up close, this is the place!



## Osaka Waterfall Tour, Gandate-kyo

It's like a green Grand Canyon! The cross-section of the lava flow from Mt Ontake is a powerful sight!  
There is a waterfall a 15-minute walk away, and the negative ions of nature will heal you. ♪

- 📍 Gandate park
- ☎ 0576-62-2215 (Hida Osaka 200 Waterfalls)
- 🚫 Closed in winter



## Hida-Osaka Area

You can enjoy it because it is in this area. What do you enjoy?

### Osaka River Base

One sauna per room, private use for one group, and the best sauna experience in the best location chosen by the guide! Because it is on the banks of the clear Osaka River, you will go to the natural river as soon as you get out of the sauna! We offer the best sauna experience.



### Tent Sauna Experience

- 📍 38-8 Ochiai, Osaka-cho, Gero City
- ☎ 0576-62-2215
- 🕒 9:00-16:00



### Fureai-no-mori Campsite

Campsite surrounded by wilderness!  
Enjoy your own handmade experience. ♪

- 📍 273-1, Yuya, Osaka-cho, Gero City
- ☎ 0576-62-2910
- 🕒 9:00-17:00
- 🚫 Closed in winter



### Baumkuchen Making Experience

- 🕒 4,600 yen
- 🕒 3 hours
- 👥 Groups of 3-5 people are recommended.



### Authentic stone oven pizza making experience

- 🕒 6,000 yen (from 5 pizzas)
- 🕒 1,200 yen for each additional sheet
- 🕒 Takes 2 hours to experience

## Which do you prefer? Recommended gourmet food in Hida-Osaka ♪

### Local food Hinokiya

Hida's local cuisine is here! Enjoy dishes that make the most of the rich natural ingredients of Hida!

- 📍 661-1 Sakashita, Osaka-cho, Gero City
- ☎ 0576-62-2375
- 🕒 Lunch 11:00-14:00
- 🕒 Evening 17:00 - 20:00
- 🗓 Tuesday night and Wednesday



For local cuisine, this is the place to go!

### Toshichan

If you enjoy Japanese tonchan, this is the place to be! Tonchan is an exquisite dish of grilled pork and vegetables ♪

- 📍 506-1 Kadosaka, Osaka-cho, Gero City
- ☎ 0576-62-3567
- 🕒 7:00 - 16:00
- 🗓 Monday



Do you know "tonchan" in Japan?

## Nigorigo Area

An hour's drive from Takayama, wilderness as far as the eye can see ♪  
Driving on a nice day is especially recommended!

So much on the road,

Spectacular views can be enjoyed!

Mountains, mountains, mountains as far as the eye can see!



## Ontake Nigorigo High Altitude Training Center

This is the only two nationally designated high-altitude training facilities in Japan!  
Please call in advance to make a reservation.

- 📍 2376-1 Ochiai, Osaka-cho, Gero City
- ☎ 0576-62-3088
- 🗓 No holidays



The facilities where top professionals train are available to the general public!  
Would you like to experience high-altitude training at 4,000 meters above sea level?

Natural hot spring in the sky located at the foot of Mt. Ontake ♪  
Enjoy a day trip to a hot spring ♪



## Nigorigo Onsen Municipal Open-air Bath

Japan's unexplored hot spring areas. Rare to know!  
Would you like to visit a top-secret hot spring that Japanese hot spring lovers enjoy?

- 📍 Nigorigo Onsen, Ochiai, Osaka-cho, Gero City
- ☎ 0576-62-3373
- 🕒 10:00-17:00 (August only) 10:00-18:00
- 🗓 Wednesday

